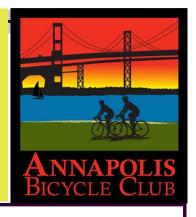
# Tailwind Express

2017 Winter Edition

The Club with a place for every pace.

annapolisbicycleclub.org



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## President's Column



Happy New Year to all Annapolis Bicycle Club members! 2016 was a year of great rides, pleasant company, and memorable adventures. As you've heard, 2016 was also a year of numerous accidents and injuries to our members. In light of that, ABC took up the challenge of SAFETY FIRST! We provided safe riding tips and presented information on equipment to help decrease your vulnerability (e.g. lights and specially designed helmets).

In 2017, we will continue with our pursuit of SAFETY FIRST. We recently held an "app class" to teach our members the value and distinctions of some of the mobile apps available to us. We plan to schedule a bike safety skills workshop in a "controlled"

environment to teach proper biking, pacing, and accident-avoidance techniques. Stay tuned for more information on this and others.

By the way, it was great to see so many of you at the winter party at Pirate's Cove!

Here's hoping that 2017 brings 12 months of safe and fun rides through our Maryland communities.

#### Post a photo and mobile number to your club profile!

In preparation for the 2017 cycling season, we are asking members to add your photo on the members section of the ABC website to help others in the club identify you. To illustrate why this is important, suppose you meet someone on a ride named David or Jim (or Thaddeus, not realizing that his real name is Jim, but he was renamed to Thaddeus by the members because the quota of Jims in the club had already maxed out). If they had posted a photo of themselves you'll have a much easier time identifying the correct person to connect with for an unscheduled ride.

To upload a photo:

Log on to the ABC website (http://annapolisbicycleclub.org)

Click on "View profile" under your name once you have logged in

Click the "Edit profile" button

Scroll to the spot where your name and other contact information appears. Click on the "Choose File" button next to "Logo" (I know, this was meant to be a logo of your work organization, but now we're using it for our personal photo.)

Search for your glamour shot on your computer, select Open to return to your profile page Hit Save (at the bottom of the Profile page)

To verify your picture:

Click on the Members tab on the top nav bar, then Directory

Either use Search to search for your name, or scroll down until you see your name/picture

If you just can't figure it out, send a photo to abc@annapolisbicycleclub.or, and we'll upload it for you.

While you're uploading your favorite headshot, confirm that you have provided a phone number that we can use to call you in the event that you get separated from the group. People have vanished during rides - it doesn't happen frequently but it's very distressing when it occurs. If you're not comfortable posting your mobile number online, send it to <a href="mailto:abc\_pres@annapolisbicyceclub.org">abc\_pres@annapolisbicyceclub.org</a> and we will share it only with club officers and ride leaders.

## Page 2 - Meet the ABC Board Member

## Meet the ABC Board Members:

In this edition, meet our **Vice President**, Susan Robinson:

I've always had a passion for riding bicycles. In college my transportation was a bicycle not a car and while in high school my dad and I would spend the summers camping and touring by bicycle National Parks throughout the country. My dad drove a sky blue I 958 Cadillac (his pride and joy and a real conversation piece wherever we stopped) with our bicycles on the back.

Looking for like minded cyclists, I joined the Annapolis Bicycle
Club in March of 2011. On my first few rides I met and became
quick friends and riding buddies with Jim Van Horn, Len Jones
and Jim Black. In fact, Jim VH, Len and I started riding in charity
rides that first summer and called ourselves the "Three Amigos"! After a while more and more club mem-

bers joined us and now the ABC has a good presence at so many charity rides throughout the region. With the stunning ABC Jersey that Jim Black designed it's easy to spot a club member on a ride. And, last year Karen Weiler designed a beautiful women's kit which those of us who ordered it always receive compliments . . . if anyone is interested in ordering this kit (not just women but men too) we need at least 6 orders . . . just let me know?

Susan Robinson, Mont Ventous (9,554 ft) - Provence, France... one more thing ticked off my bucket list!





When I asked Jim Black what my duties would be as ABC Vice President he said . . . "It's whatever you want to make of it." I am a hands on person and look forward to continuing to assist our ABC members and Jim Black an outstanding leader who has done so much for the Annapolis Bicycle Club!

As VP my duties have included assisting Jim Black, ABC President in recruiting and scheduling ride leaders, new/out of area rides (i.e. new ABC BWI Trail Novice Ride, charity rides), maintaining the online calendar, sending out notices, answering club inquiries, attending events on behalf of the ABC (i.e. Bike Maryland Symposium, Bike AAA events, etc.) and booking the Third Thursday Get Togethers, Summer Picnic and Winter Party locations. Location recommendations for any of our social gatherings would be most welcomed. Additionally, I am the ABC rest stop coordinator for the Lifeline 100 Century charity bike ride which will take place on Sunday, October 1, 2017 . . . anyone who

would like to volunteer at rest stop please let me know?

I do have a soft spot in my heart for our monthly TTGT's. After the two Jim's (Jim Black and Jim Van Horn) became Co-Presidents, I suggested having a monthly social based on my monthly business networking events. They agreed and Jim Black came up with the name Third Thursday Get Together. It's hard to believe that the first TTGT was held in February 2013 at Paul's Homewood Cafe.

BTW, after spending my entire career in the meetings and conventions industry (hotels, meeting/convention/trade show planner, convention and visitors bureau sales) I am now self employed as a consultant. I lost my husband to cancer I4 years ago and have a son Mark 29 years old who is my pride and joy! Recently, Mark resigned from the USMC as a Captain (after serving three deployments) and is now in graduate school at UNC getting his MBA.





#### Page 3 - BikeAAA, Lifeline 100



2016 was a strong year for BikeAAA as we finished with over 700 members including all four major clubs - <u>Annapolis Bicycle Club, Annapolis Bicycle Racing Team, Annapolis Triathlon Club</u> and <u>Severna Park Peloton</u>. If you belong to one of these clubs, you belong to BikeAAA! Lifeline100 won a state award, set a record 723 registrants and raised \$21,000 for county non-profits. The county bike commission is meeting monthly and making a difference as it presses for more trails, on-road bike lanes and a connected network.

BikeAAA is in need of volunteers for various roles/expertise! Please consider volunteering.

Please email <u>president@bikeaaa.org</u> if you would like to help with one of the opportunities.

# Annapolis Bicycle Club Awarded "Volunteer Organization of the Year"

I am very proud to announce that we, the members of the Annapolis Bicycle Club, have received a Volunteer

Appreciation Award for our contributions to the Lifeline 100.

With Lifeline 100 rest stop captains, steering commitmembers, and club officers in attendance, our club was honored with the Volunteer Organization of the Year award by Anne Arundel Recreation and Parks! Look for event photographs on our home page!

This award recognizes the dedication and commitment of community groups for their unwavering efforts and dedication to the Department.







Name: Annapolis Bicycle Club

Type of Organization: Community Organization

# Nominated by: Colleen Joseph, Department of Recreation and Parks Chief of Marketing, Events and Facility Scheduling

- The Citizens of Anne Arundel County, Maryland salute the Annapolis Bicycle Club for their dedication and support to the Anna Arundel County Lifeline 100 Century Ride since its inception in 2014 and congratulate them for being awarded Community Volunteer Organization of the Year.
- The Annapolis Bicycle Club has worked with the Department of Recreation and Parks and partners to provide volunteers to support 4 rest stops and SAG (supply and gear) drivers along the one hundred mile route helping to insure a safe and fun ride for all participants. In 2016 723 cyclists participated in this signature event.
- ABC has a rivalry among themselves for the best rest stop which has resulted in festively decorated rest stops with creative costumed volunteers and delicious and food options for the cyclist. Ride participants have reported the rest stops are top notch and a favorite feature of the event.
- The Annapolis Bicycle club has 180 members and one third of the club membership volunteers and/or participates in the Lifeline 100. This success of this event would not be possible without their commitment and expertise.

# Page 4 - Upcoming Rides/Events, ABC Website Shout-Out

**Upcoming Rides/Events** 

Refer to the Events calendar on the ABC website (http://annapolisbicycleclub.org/) for all events, dates, times, happy hour specials, etc.

In the winter, rides are often cancelled or rescheduled at the last minute due to changing weather conditions. The ABC Communications Officer tries to keep everybody informed as to the status of rides, but you might want to make a habit of contacting ride leaders prior to rides with questionable weather forecasts.

Weekday rides—Tuesdays/Thursdays, 10:00AM Generals Highway Corridor Park

Weekend rides—Saturdays, 10:00 AM Southern High School (45+mile drop ride),

—Saturdays, 10:00 AM Davidsonville Park & Ride (30+-mile no drop ride)

—Sundays, 10:00 AM Davidsonville Park & Ride (30+ mile meet up ride;

generally no designated leader)

February 16—6:00-8:00PM, TTGT, Paul's Homewood Café, 919 West Street, Annapolis, MD

March 8—8:00AM, Annual Maryland Bike Symposium (Miller Senate Building, Annapolis)

April 29—Ocean to Bay Bike Tour, Bethany Beach, Delaware

April 29—Ride to End Hunger in Calvert County, Huntingtown, MD

May 6—Six Pillars Century, Cambridge, MD

May 17—6:30PM, Ride of Silence, Annapolis

May 19—Bike to Work Day

# WWW.

#### Shout-Out to the ABC Website

If you haven't logged onto the ABC website (www.annapolisbicycleclub.org) recently, make a point to do so. Look on the site for:

RIDES -> cue sheets, maps, and information on local trail networks

EVENTS -> a long list of upcoming events and details (weekday rides, TTGTs, supported rides, etc.

NEWS -> prior Tailwind Express Newsletters, information on Club Jerseys and Shorts (must-haves), and an archive of photos

BULLETIN BOARD -> a blog area for members to discuss upcoming rides, articles, items for sale, etc. For example, check out this column from the Gazette about bicycle safety featuring BikeAAA and John Korin found under the BULLETIIN BOARD and at: <a href="http://www.capitalgazette.com/opinion/columns/ph-ac-cn-debutts-0122-20170120-story.html">http://www.capitalgazette.com/opinion/columns/ph-ac-cn-debutts-0122-20170120-story.html</a>

MEMBERS -> looking for somebody? Look under MEMBERS to find contact information, or to find out who's riding an upcoming ride.

The club with a place for

every pace.



Old Bowie Town Grille, 01/19/2017



Submit your own pictures and stories to the Tailwind Editors:
Sandi Delcore,
David Bleil

Annapolis, MD 21404 Questions? Email





Page 7 - Photo Gallery; Winter Party at Pirate's Cove, cont...



Submit your own pictures and stories

ABC jersey sighting in Hawaii!

Mike Jones sported the ABC colors while riding in paradise. I think we should make it a group ride next time!



P.O Box 224 Annapolis, MD 21404

Ellicott City Ride—Rest stop at the Little French Market



ABC rider David Bleil looks at Mt. Cook in New Zealand. Full story of biking in New Zealand will be in the next



**App Training Class** 



### Submit items for this page to the Tailwind Editors: Sandi Delcore, David Bleil

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Questions? Email abc\_pres@annapolisbicycleclub.org

# Page 8 - Club Sponsors and Professional Interests



ABC members get 10% off purchases at Bike Doctor—Crofton. Go talk to Ernest about lights for your bike or a new MIPS helmet!



# **CHAMPION CYCLE**

Cycling Services for the Enthusiast Repairs- Coaching- Instruction

LARRY DIEREN 3633 PATUXENT RIVER ROAD DAVIDSONVILLE, MD 21035

PHONE: 410-798-4250 FAX: 410-798-4253 CHAMPCYCLE@AOL.COM

Spring is the time to take your bike in for its yearly check-up. Schedule an appointment to-day with Larry Dieren. Larry is sure to give you a great deal and ensure your bike is ready for the 2017 biking season!