

### **ABC Officers**

### Presidents Column December 2015

I want to thank all ABC and BikeAAA members who participated in the memorial ride for John Fauerby and Lynne Rosenbusch on November 21st. I hope it is a long, long time before we have another memorial ride.

Please extend a welcome to club members who

have joined since September: Mark Elliott, Louis Fiechtner, and James Keeney. I encourage all new members to drop in at a Third Thursday Get Together – it's a great way to meet other club members in an informal setting. The next TTGT will be at the Old Stein Inn in Edgewater on December 17th. We are considering a return to Union Jack's or Poncho & Pepe's for our club Winter Party on January 31st from 4–7 PM; details to come soon. We will hold club officer elections at the Winter Party, and we are seeking nominees for Vice President; please contact any of the club officers if you are interested in becoming a candidate. The campaign cycle is very short and we promise there will not be any debates.

Until then, best of the holiday season to everyone!

Jim Black, President

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Ken Keeler, Club Safety Officer's Five Critical Winter Cycling Safety Tips -

- 1. Stay Visible Lights If drivers can see you, they are less likely to hit you. Use lights when biking at night or in low–light conditions. A rear red flashing light is necessary as many winter days are dark, particularly in canopied areas. Also consider a white handlebar light so cars can see you coming. Always wear bright colored clothing.
- 2. Ice & Wind If temperatures are below freezing at night, watch out for ice! If the pavement looks wet, it could be ice. If it's windy, watch out for branches in the road. Slow down under

these conditions so you have time to react!

3. Hand signals – Signaling clearly is critical. Exaggerate your hand signals so that motorists and fellow cyclists will have no doubt about your intentions.

4. Emergencies – Anticipate a flat tire or mechanical problem on cold days. Bring a pack of "Hot Hands" or other chemical hand warmer. Changing a tire in cold temperatures can be challenging.

5. Dress right – Dress in layers and use warm but bike-friendly gloves. Some wool or other fabrics are slippery on your handlebars.

### **October Third Thursday Get Together**

The Severna Park Tap House was the venue for a rather ragged get together due to the overlap with the organizing meeting for the Life Line 100 volunteers which included most of us. Four riders held the table for over an hour until the remainder arrived from Kinder Farm Park just at the end of Happy Hour beer prices.

### **November Third Thursday Get Together**

Holihans in Crofton was the venue for TTGT in November, Twenty four riders and guests showed on a rainy night and sampled the sliders, salads and seafood as well as the beer selection.

### December TTGT location for TTGT December 17th at

Old Stein Inn 1143 Central Avenue East Edgewater, MD 21037 from 6–9 PM in the outside Bier Bar. Happy Hour prices will be offered for Draft Beer at \$5.00 except for the Lambic and the 10th Tap.

#### Save the date announcement

for the club winter party on Sunday January 31st from 4–7 PM. Location TBD.

### Lifeline 100 #2 - 2015

The second annual county bike tour was a rousing success. More than six hundred and seventy riders signed up and most showed up despite the first of the season seriously cold weather. ABC contributed volunteers to staff the five rest stops all engages in the "Battle of the Rest Stops" for the most creative, interesting and well supplied rest stop. The Metric Century and Century rides shared much of but not all of the same route. The rest stop at Bay Ridge was visited only by the 64 mile riders which included our County Executive. The Bay Ridge rest stop was the only one with an all woman staff.

The Truman Parkway rest stop had a warming fire which was greatly appreciated. It is rumored that a few riders never left.

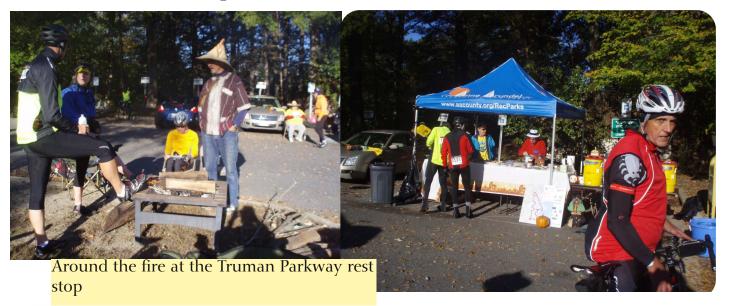
The Galesvillerest stop was again sponsored by the Pirates Cove Inn and featured a swashbuckling theme including an animated pirate with parrot.

The Crofton Park rest stop had good peanut butter and jelly sandwiches but no discernible theme.

The last rest stop in the Dixon Observation area by BWI was innovative as usual. The most obvious sign was the giant inflatable Maytag Repairman which stood bored watch over a graveyard of famious ABC cyclists. Many of the riders who had made it that far in the cold and wind paused to peruse the tomb stones to make sure they were not listed.

In addition to the intimations of the hereafter the last rest stop provided essential resources such as pickle juice for cramping leg muscles and Jim Van Horn's magic elixer reviving tired riders with new bursts of energy and pain relief.

### **Battle of the Rest Stops**









Rest stop in the Crofton park.



The rest stop at the BWI observation area features hot potatoes, pickle juice and other extras including an inflatable repairman who did not fix bikes

Resting place of famous ABC riders!

### **Seagull Century**

The Seagull Century was cancelled due to hurricane threat for the first time ever. It wasn't just the rain and it wasn't just the wind. The possibility of a late season hurricane threw a big monkey wrench into the planned event. The Governor declared a state of emergency redirecting public safety officers from looking after the riders to dealing with potential flooding, power outages and other civil problems. By great

good fortune, all (well most of) the anticipated problems were exported to the Carolinas. There were a lot of disappointed ABC riders who at least received their T-shirts and an expected discount on next year's ride.

# Seasonal end of the Wednesday night ride party

Regular Wednesday night riders congregated and the home of Jim and Karen Van Horn for a pot luck dinner on Wednesday night October 21st. Jim maximized the parking available on the front lawn and driveway then presided over the grill for burgers and dogs. The female attendees assembled in the Man Cave for a giggle feast and private fashion show with the new club clothing fit kit. When Jim tried to investigate the goings on he was summarily and promptly ejected from his own man cave. Majority rule trumps property rights at least for one night.

#### **North Central Rail Trail Tour**





The group at each end of the NCRT in Maryland. We did not ride far into PA.

Fall at its finest was on tap for the annual trail ride to New Freedom, PA. A running Marathon scheduled for the same morning blocked access to the parking lot on Paper Mill Road so the ride started at the parking lot at Sparks, MD and headed North to New Freedom just over the PA border. Along the way we encountered Gnome Hill and its whimsical inhabitants.



Stopping at Gnome Hill

### Cyclists win another round.

Several years ago AAA Mid-Atlantic irritated the cycling community by lobbying to cut all funds for bile lanes and trails from the Surface Transportation Act re-authorization. They did

not succeed and apparently heard from a segment of the membership who both drive and ride. Since that time AAA has been trying to make amends. AAA has recently announced that their members can call for roadside assistance for their bicycles as long as 1) they have a valid AAA membership card with them, 2) the bike is on or brought to a normally travelled road and 3) the bike is not locked with a lock for which the member has no key or combination. They have added a web site AAA.com/Bicycle with bicycle safety and maintenance

information including refreshers on how motorists can help keep all roadway users safe. AAA is not

affiliated with Bike-AAA in any way.

## Memorial Ride & Ghost Bike for John Faurby & Lynn Rosenbusch

SUNDAY, NOV. 22 IN CHESAPEAKE BEACH. A 12 mile (round trip) Memorial Ride was held

to place the ghost bike for John Fauerby and Lynne Rosenbusch who were killed by a drunk driver. The cyclists representing five bicycle clubs from the region started at various locations including the Beach E.S. in Chesapeake Beach at 11:00AM on Sunday Nov. 22. Riders were be at the school and ready to roll at 11AM. Riders also started earlier from other locations such as Southern HS or Chesapeake Market. The Capital newspaper on Wednesday the 25yh carried a full page story with photographs.

### BIKEAAA ANNUAL MEMBER MEETING & SOCIAL

DEC 3, 2015 7PM AT UNION JACK 39;S, SOMERVILLE RD, ANNAPOLIS. Please join us for our second annual member meeting and social! Agenda will include updates on BikeAAA, officer elections, the new County Bicycle Advisory Commission and Mark Garrity of AA County Rec & Parks will provide an update on county trail-building! Come celebrate our accomplishments and talk about our goals with fellow cyclists from around the county! Please let us know if you plan to attend!

#### CYCLIST ASSAULT COURT CASE

DEC 4, 2015 1:15PM DISTRICT COURT ROOM 5, ROWE & TAYLOR, ANNAPOLIS. Please join us to support the victim in the trial of Michael John Moody alleged to have crashed into and

assaulted a cyclist. Cyclists are encouraged to attend and support the victim. If you bike, you can lock your

bike along the chain or fence outside the entrance. Support Bicycle Advocates for Annapolis & Anne Arundel County

### Tour set for promoting female cyclists

The governing world body of cycling, Union Cycliste International, announced that they will launch a woman's world tour next year with 17 events across Europe, the United States and China. The top 20 UCI-ranked women's teams will be invited. The UCI will broadcast all events live and provide Internet steams and clips for other news media. By providing more exposure for professional women cyclists the UCI hopes to attract more sponsors and raise the current salary ceiling above the current \$25,000 per year.

### ABC Riders on Tour, road and trail

Jim Black and Ken Keeler took a Bicycle Adventure Club tour in Tuscany this summer. They engaged in advanced research on the cuisine and wines of the region but conducted absolutely no club business thereby relieving the club of any expense account liabilities.







Woods Hole to Provincetown – by road and rail trail. There are bike trails on each side of the Cape Cod Canal. A rail trail runs up the center of the Cape but is unfinished at either end where riders must take to the lesser traveled roads.

Biking is so popular on the Cape that all the taxies and most of the ferries have bike racks. Excellent fresh seafood including lots of lobster provided riders with plenty to ride off the next day.

The tour also included ferrys to Martha's Vinyard and Nantucket where well signed bike trails trails abound not withstanding the cobblestone pavement in the towns.



David Bleil toured Cape Cod from end to end -



Bicycle legend Oscar Egg demonstrates a device for preventing riders from drafting during speed trials. It may have had other uses such as avoiding pit stops. Photo courtesy of Jim Black

# Selfie Page ABC extends its reachto remain in fashion.



Saturday ride to Galesville

Our fearless leader.



Saturday ride to Sandy Point State Park