

# Tailwind



“George Washington rode here”

July 2008

## The Summer Swim and Ride is Back!



August 10<sup>th</sup> will see us riding, swimming, and eating at another fun-filled ABC summer event! We'll have an optional, easy, no-drop ride, followed by a pot-luck around Pinto Soin's pool in the Mulberry Hill area, near the Naval Station and David Taylor Research Center. Past experience tells us there'll be plenty to eat, and this year there'll be a grill available in case you want to bring some hot dogs or burgers to grill.

**SAVE THE DATE, SUNDAY, 10 AUGUST 2008.** And begin thinking about what you'd like to bring for the pot luck picnic. We'll supply more details as we get closer to the event.

## Local Team completes California to Annapolis Race!



### Annapolis Mayor Ellen Moyer welcomes local team

Ken Shuart, Annapolis; Jody Bennett, Washington DC; Stuart Levy; Vienna VA; and Stuart “Buster” Laurenson, Loudon County, VA completed the ride from Oceanside California in 7 days, 16 hours, and 30 minutes for an overall average of 16.34 miles per hour. Amazingly, the team riders all looked happy and in good shape as they crossed the finish line at Annapolis Mall! Team members were also involved in the Ride4Melanoma ride in Galesville on April 20<sup>th</sup> where they raised over \$3000 to support the Children's Melanoma Prevention Foundation's SunAware program, and they hope to generate even more funds for the program as a result of this ride.

The most unbelievable ride was turned in by Jure Robic, a Slovenian Army Officer. He completed the ride in 8 days, 23 hours, and 33 minutes – but of course, he didn't ride continuously. He is reported to have had a whole 18 hours off the bike, total, for eating and sleeping during the entire ride. Crossing the plains states, he acquired a big tailwind and was clocked at 45 mph for nearly a whole day. Samuel Zbogor, Slovenia's Ambassador to the United States was on hand to congratulate Robic. This is Jure's fourth win of the RAAM His website is <http://www.jurerobic.net/> but unless you read Slovenian, it's not too informative. Nice videos, though!

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## Detours of the Month



Areas to avoid if possible, otherwise, use extreme care:

- Oceanic Drive bridge (Sandy Point State Park access - the bridge over US 50)
- Rockhold Creek bridge (MD 258 near Deale).

As for MD 450, Don't even think about it – see the photo on the right!



Photo: MD State Highway Admin

## Rides This Month:

- Saturday rides (ABC) start at 8 AM
- Monday rides, 6 PM from Bike Doctor, Annapolis - 410 266-7383
- Thursday rides, 5 PM from Capital Bicycles, Annapolis - 410 626-2197
- Saturday rides, 8 AM from Capital Bicycles, Annapolis - 410 626-2197
- Sunday, July 6: 9 AM – 12 PM: Bike the Hills of Crownsville – Jim Claffey 410 956-5219
- Saturday, July 16: 9 AM – 6 PM: Bike Ride and Splash (CT) – Teddy Blandi 410 827-6671
- Saturday, July 19 8 AM – 4 PM [Mid Atlantic Bent](#), Linthicum, MD
- Sunday, July 20: 9 AM – 12 PM: Davidsonville/Galesville (CT) – Jim Claffey 410 956-5219
- Saturday, July 26 - [Shenandoah Valley Bike Festival](#)
- July 24-27 - [CAM](#) (Cycle Across Maryland)

CT indicates a Crabtowne Skiers ride. We've been invited to ride with Crabtowne, so feel free to call them. Their rides usually include a group riding at a slower pace than the ABC rides. Info is available at <http://crabtowne-skiers.org/biking.html> For all rides, call the number listed for distances and speeds expected.

## Free Wheelin' Annapolis



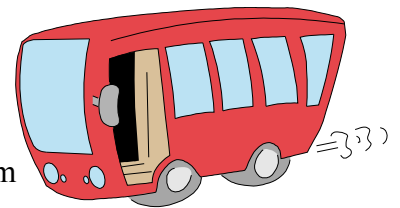
The next time you're in downtown Annapolis, stop by the Harbormasters' office at the City Docks. They have bikes available for you to use around town, and the price is right – *they're FREE!*

Yes, just swipe a credit card and get a nice, new, city bike to use during the day. They give you a lock, and the bikes are equipped with a large basket so you can easily carry your purchases. They're available from while the Harbormaster's office is open, currently 8:30 AM to 8:30 PM.

## Baltimore Area Buses Get Bike Racks

By this Fall, all of Baltimore's buses will be equipped with bicycle racks on the front of the bus. John Porcari, Maryland's Secretary of Transportation has announced that the MTA will equip their entire fleet, and some buses already have the racks in place.

This is a big win for One Less Car, the advocacy organization that is trying to improve Maryland's transportation situation. They got over 300 signatures requesting the MTA make its bus fleet during last October's Tour de Port, sent them to the Governor, and for once, it worked!



The MTA web site has information on the use of the racks and which routes already have them. Check out <http://www.mtmaryland.com/resources/bikesonmta/> for details.

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**Annapolis Bicycle Club**  
**P.O. Box 224**  
**Annapolis, MD 21404**

<http://www.annapolisbicycleclub.org/>

The Annapolis Bicycle Club is a not-for-profit membership organization dedicated to the interests of recreational cycling enthusiasts. Our interests are recreation, exercise, safety and camaraderie. We don't pollute or block traffic and we encourage cyclists to adhere to traffic laws.

The Annapolis Bicycle Club is affiliated with the League of American Bicyclists.

Members and prospective members are encouraged to call any of our officers to answer any questions and obtain information about Club activities.

**President** – Jim Claffey  
[president](#)  
410-956-5219

**VP**  
[vicepresident](#)

**Secretary – Treasurer**  
[secretary](#) at

**Newsletter/Webmaster**  
Jim Claffey  
[vicepresident](#)  
410-956-5219

## Saturday Rides

Please **check** with a buddy to verify the ride in the winter months

March – May; September – December 9:00 AM

**June – August – 8:00 AM**

January & February – 10:00 AM

**Davidsonville Rides** – Multiple rides; speeds from 13 – 20+ mph.  
30+ mile rides

Meet at the Davidsonville Park 'n Ride, Routes 424 & 50 for rides to Deale, Galesville and around South Anne Arundel County.

## Summer Rides

With summer weather, rides will usually go. But remember, changeable weather may cancel a ride. So call and check with your buddies to be sure you'll have company. Don't give up because of a small possibility of rain, but don't be foolish either – wet roads can be slippery and dangerous, especially after a long dry spell. And if the temperature and humidity is in the high 90's, it's especially important to check with a ride leader, and then be careful not over exert. And, be sure to keep hydrated!

## Annapolis Bicycle Club Activities

- Tuesday morning - Meet at Charlie's at 9 AM, call for directions - 410-841-6269. *Call first to verify the ride.*
- **Occasional Membership meetings** with programs on bicycle topics. To be announced in the newsletter and on the web site.
- **Special event rides** and other bicycle related social activities
- **Group participation** in regional bicycling events

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## Membership Application and Renewal Form

In consideration of accepting application for membership and being permitted to participate in any way in the activities of the Annapolis Bicycle Club, ("ABC"), I/WE, for myself/ourselves, my/our personal representatives, assigns, heirs and next of kin:

1. ACKNOWLEDGE, agree and represent that I/we understand the nature of Bicycling Activities and that I/we am/are qualified, in good health, and in proper physical condition to participate in such activities. I/we further acknowledge that certain of the activities will be conducted over public roads and facilities open to the public during the activities and upon which the hazards of traveling are to be expected. I/we further agree and warrant that if at any time I/we believe conditions to be unsafe, I/we will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("RISKS"); (b) these Risks and dangers may be caused by my/our own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "RELEASEES" named below, (c) there may be other risks and social and economic losses either not known to me/us or not readily foreseeable at this time; and I/we fully accept and assume all such

risks and all responsibility for losses, costs and damages I/we incur as a result on my participation in the activities of ABC.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE ABC, their administrators, directors, agents, officers, volunteers, and employees, other participants, and sponsors, advertisers, and, if applicable, owners and lessors of premises on which activities take place, (each considered one of the RELEASEES herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the RELEASEES or otherwise, including negligent rescue operations; and I/we further agree that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I/we, or anyone on my/our behalf, makes a claim against any of the RELEASEES, I/we will indemnify, save, and hold harmless each of the RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I/we have read this agreement, fully understand its terms, understand that I/we have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect

TYPE OF MEMBERSHIP (Check one and circle fee)

FAMILY = Annual Fee: \$18 email newsletter, \$28 US mail newsletter

SINGLE – Annual Fee: \$10 email newsletter, \$20 US mail newsletter

Membership Year runs from March 1 to February 28. New memberships begun between November 1<sup>st</sup> and February 28<sup>th</sup> terminate February and are half price.

NAMES AND SIGNATURES OF APPLICANTS OVER AGE 18:

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City, State \_\_\_\_\_ ZIP \_\_\_\_\_

email Address \_\_\_\_\_ Phone \_\_\_\_\_

Annapolis Bicycle Club

P. O. Box 224

Annapolis, MD 21404