

## OMG-WTF 45M

44.3 miles

Leg	Dir	Type	Notes	Total
	←	Left	Turn left at Rainbow Ln	0.1
1.0	←	Left	Turn left onto Walter Martz Rd	1.1
0.2	↑	Straight	Make a U-turn	1.3
0.0	→	Right	Turn right to stay on Walter Martz Rd	1.3
1.5	←	Left	Turn left to stay on Rocky Springs Rd	2.8
4.0	↑	Straight	Turn left	6.8
0.0	←	Left	Turn left onto Shookstown Rd	6.8
1.1	→	Right	Turn right onto Gambrill Park Rd	7.9
1.1	→	Right	Turn right to stay on Gambrill Park Rd	9.0
3.1	←	Left	Turn left onto Coxey Brown Rd	12.0
0.9	↑	Straight	Turn right	12.9
0.0	↑	Straight	Continue straight onto Coxey Brown Rd	12.9
1.3	→	Right	Turn right onto Fishers Hollow Rd	14.3
1.8	←	Left	Turn left onto Highland School Rd	16.1
2.4	→	Right	Turn right onto MD-17 N/Wolfsville Rd	18.5
1.9	→	Right	Turn right onto Harp Hill Rd	20.4
3.3	↑	Straight	Continue onto MD-17 N/Wolfsville Rd	23.7
0.2	←	Left	Turn left onto Brandenburg Hollow Rd	24.0
2.8	←	Left	Turn left onto Garfield Rd	26.8
2.8	→	Right	Turn right onto Hayes Rd	29.6
0.7	→	Right	Slight right onto Spruce Run Rd	30.3
0.1	←	Left	Slight left onto MD-17 S/Wolfsville Rd	30.4
0.6	←	Left	Turn left onto Middlepoint Rd	31.0
1.8	←	Left	Turn left onto Mink Farm Rd/Tower Rd	32.8
0.4	→	Right	Slight right onto Gambriill Park Rd	33.3
3.7	→	Right	Turn right onto Highland School Rd	37.0
0.1	↑	Straight	Continue onto Hamburg Rd	37.1
3.9	↑	Straight	Continue onto Yellow Springs Rd	40.9
1.3	←	Left	Turn left onto Walter Martz Rd	42.2
0.8	←	Left	Turn left to stay on Walter Martz Rd	43.0
0.2	→	Right	Turn right onto Poole Jones Rd	43.1
1.0	→	Right	Turn right onto Opossumtown Pike	44.1

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Start: Frederick, Maryland, US

Distance: 44.3 mi

Elevation: + 5296 / - 5299 ft

