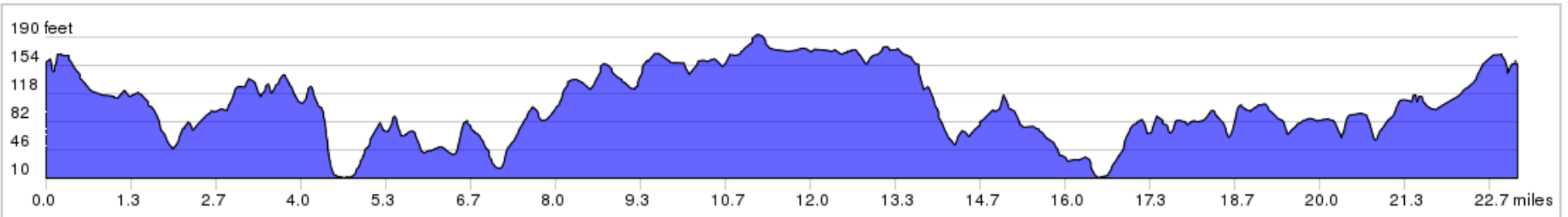
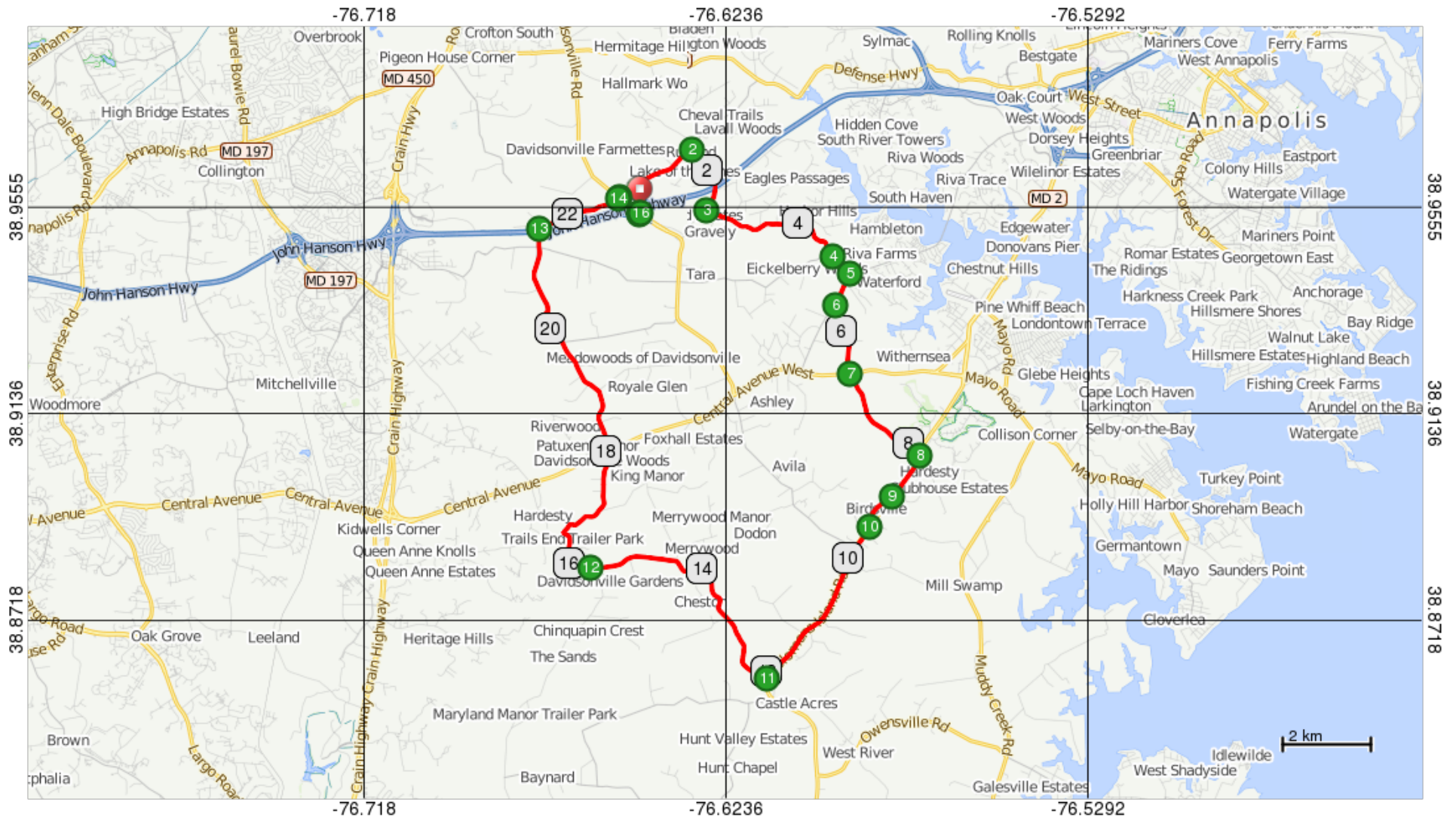


ABC 23 mile Training Loop



ABC 23 mile Training Loop

0.0	0.0	λ	Start of route
0.4	0.4	→	R onto Rossback Rd
1.6	1.2	→	Slight R onto Rutland
2.6	1.0	←	L onto St George Barber Rd
4.7	2.1	←	L onto Governor Bridge Rd
5.1	0.4	→	R onto Riva Rd
5.6	0.5	←	L onto Beards Point Rd
6.6	1.0	↑	Continue onto Brick Church Rd
8.2	1.6	→	R onto MD-2 S/Solomons Island Rd
8.9	0.7	→	Slight R onto Old Birdsville Rd
9.5	0.6	→	R onto MD-2 S/Solomons Island Rd
12.1	2.6	→	R onto Harwood Rd

12.1 miles. +640/-625 feet

15.7	3.6	↑	Continue onto Patuxent River Rd
21.5	5.8	→	Slight R onto Rossback Rd
22.7	1.2	→	R onto MD-424 S/Davidsonville Rd
23.1	0.4	↑	L
23.1	0.0	☒	End of route

11.0 miles. +401/-306 feet